



Arie® Nasal Mask Sizing Guide

Sizing Instructions

- 1 Print the template at **100% scale (actual size)** and cut out the measuring tool along the dashed lines.
- 2 Stand in front of a mirror and hold the sizing guide horizontally against your face.
- 3 Align the right side edge of the sizing guide with the outer edge of the right nostril.
- 4 Check which size indicator (**Small, Medium, or Large**) aligns with the outer edge of the left nostril to determine your size.

Print Accuracy Check

